

# ROPE ACCESS LEVEL 1



## SYLLABUS

- Rigging, knots and anchor systems
- Awareness of legal requirements and employer procedures
- Awareness of equipment selection, storage and inspections
- Awareness of other fall protection systems such as fall arrest, travel restraint and work positioning
- Understanding of risk assessments, job plans and rescue plans
- Safe use of equipment
- Rope access techniques both on ropes and structures
- Hauling and lowering systems
- Basic rescues

## CERTIFICATION

IRATA and SPRAT certifications are valid for 3 years. Successful candidates are issued a certificate, card and logbook.

## PRE-REQUISITES

- Good level of health, fitness and physical capability
- Aptitude for working at heights
- Safety attitude
- Minimum 18 years of age

## DURATION

5 days + 1 day for independent examination

## TRAINING RATIO AND SIZE

6 trainees per Instructor (6:1)

Max. 16 candidates

## EXAMINATION

Performed on the 6th day by independent third party assessor / evaluator

## COST

\$2200 + HST for IRATA or SPRAT

\$2600 + HST for IRATA + SPRAT

**REGISTER NOW**



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